

# Mentoring Across Disciplines and Education Levels

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## Introduction

Many professions are trained in a college or university setting. This training is entry level and provides the basics of what must be known to be successful. For many professionals to include primary and secondary education teachers and college and university faculty members, a mentor is needed to assist with overcoming obstacles associated with the early years in the profession. Many times, there are not sufficient mentors available within a department or school for the new professionals. The new professional should not be afraid to look outside of the normal avenues for locating a mentor. Mentors do not necessarily need to be within the same educational system or professional specialty.

## Mentoring

According to Merriam Webster (2021) mentoring is

“someone who teaches or gives help and advice to a less experienced and often younger person” (para 1).

### Finding a mentor

- Does not need to be in your discipline
- Does not need at the same education level
- Does need to have experience related to your profession
- Does need to have time for mentoring
- Needs to share your passion for your profession



## What Evolved

### Reciprocal Mentoring

- Discussions on new assignments
- Review of directions and assignments
- Review of quizzes and examinations
- Support for those less than fun days in education



## Mentoring across Disciplines

University Nursing Faculty and High School English Teacher

- ❖ Different disciplines
- ❖ Both educators
  - ❖ Mentoring areas
    - ❖ Syllabi
    - ❖ Classroom management
    - ❖ Assessment
    - ❖ Evaluation



## Conclusions

- Think outside the box if looking for a mentor.
- Find someone who you relate too
- Do not limit yourself to your specialty or your school or university

## References

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